

Centre for Neurosciences

Invites you and your caregiver to join us to overcome

ALZHEIMER'S & MEMORY PROBLEMS

At an Educational Seminar

to understand the disease, its symptoms, management, & help available to improve quality of life.

Sunday 29 March 2026

10 am onwards followed by Lunch

6th Floor, Convention Centre, Kokilaben Hospital

Dr Annu Aggarwal

Consultant Neurologist, Specialist Cognitive & Behavioural Neurology,
In-charge: Alzheimer's Disease & Memory Clinic

FOR FREE REGISTRATION

Contact

Ms Sonali Misquitta: +91 74988 91679

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Scan QR Code For Registration

PROGRAMME Sunday 29 March 2026

- 10.00 am** **Welcome & Introduction**
Dr Mohit Bhatt - Director, Centre for Neuroscience
- 10.15 am** **The Universe of Dementias & Other Cognitive Disorders**
Dr Lakhan Parajiya - Postdoctoral Fellow Memory & Alzheimer's Disease Clinic
- 10.30 am** **All About Alzheimer's Disease**
Dr Neha Mishra - Postdoctoral Fellow Memory & Alzheimer's Disease Clinic
- 10.45 am** **Treatment of Alzheimer's Disease**
Dr Annu Aggarwal - Consultant Neurologist, Specialist Cognitive & Behavioral Neurology, In-charge: Alzheimer's disease & Memory Clinic
- 11.00 am** **Strategies for Maintaining Mental Health for Patients & Families**
Dr Aparna Ramakrishnan - Consultant Psychiatrist, Memory & Alzheimer's Disease Clinic
- 11.15 am** **Adding Meditation to Your Toolkit: A Demo**
Dr Shaunak Ajinkya - Consultant Psychiatrist, Memory & Alzheimer's Disease Clinic
- 11.30 am** **Improve Cognition Through Improved Metabolism**
Dr Dheeraj Kapoor - Head and Consultant Endocrinologist
- 11.45am** **Exercising for Better Living: A Demo**
Dr Farnaz Dara Chavda - Senior Consultant Physiotherapist
- 12.00pm** **Panel Q and A**
- 12.45pm** **Followed by Lunch**

EMERGENCY

+91 22 4269 9999

APPOINTMENTS & BOARD LINE

+91 22 4269 6969

Four Bungalows, Andheri (W), Mumbai - 400 053

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